## **November**

## St. Vivian School

USDA Daily Requirements K thru 8
Protein 1.5 oz. per, Fruits 4oz, Vegetables 6oz, Whole Grains 1 serving

## This institution is an equal opportunity provider.

3-Nov	4-Nov	5-Nov	6-Nov	7-Nov
Soft Pretzel Bites		Boneless Chicken	Soft Taco	Pizza
Soft pretzel bites w/ 2oz Cheese Sauce 6oz Carrots 4oz fruit cup	No classes	3 Breaded Boneless Chicken 60z Green Beans 40z fruit cup	Beef & Cheese Soft Taco black bean rice 4oz Fruit cup	Cheese Pizza 6oz Romaine Salad w/ Ranch 4oz fruit Cup
10-Nov	11-Nov	12-Nov	13-Nov	14-Nov
Cheeseburger	French Toast Sticks	Chicken Sandwich	Meatball Hoagie	Bread Sticks
2oz Cheeseburger 6oz Smile Fries 4oz fruit Cup	3 Cinnamon French toast Stick 6oz Tater Tots 2oz sausage links 4oz fruit cup	2oz Chicken Sandwich 6oz Green Beans 4oz fruit Cup	2oz Meatballs , 2oz tomato sauce mozzarella cheese on a bun 6oz Corn 4oz fruit cup	2 WG Cheese Stuffed Bread Sticks & 2oz Tomato Dipping Sauce 4oz Carrots 2oz Broccoli 4oz fruit Cup
17-Nov	18-Nov	19-Nov	20-Nov	21-Nov
Pasta Bake	Waffles	Boneless Chicken	Mini Corn Dogs	Pizza
Penne Pasta Bake with Cheese 6oz Mixed Vegetables 4oz fruit cup	Mini WG Waffles 60z Tater Tots 20z sausage links 40z fruit cup	3 Breaded Boneless Chicken 60z Green Beans 40z fruit cup	Mini Corn Dogs 6oz BBQ Baked Beans 4oz Fruit Cup	Cheese Pizza 6oz Romaine Salad w/ Ranch 4oz fruit Cup
24-Nov	25-Nov	26-Nov	27-Nov	28-Nov
Beef Nacho's	Pancakes	No School	No School	No School
Taco Beef & Cheese WG Tortilla Chips Black Beans & Salsa 4oz fruit cup	3 Pancakes/ Syrup 60z Tater Tots 20z sausage links 40z fruit cup	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break

Everyday Entrée available served with daily side and fruit option

bagel with cream cheese Peanut Butter & Jelly Sandwich Chicken Noodle Soup