

**August & September**  
**2020**

**St. Vivian School**  
**\$1.85 Breakfast**

USDA Daily Requirements K thru 8  
Protein 1.5 oz. per, Fruits 4oz, Vegetables 6oz, Whole Grains 1 serving

24-Aug	25-Aug	26-Aug	27-Aug	28-Aug
Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk

31-Aug	1-Sep	2-Sep	3-Sep	4-Sep
Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk

7-Sep	10-Sep	11-Sep	12-Sep	13-Sep
NO School				
Labor Day	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk

16-Sep	17-Sep	18-Sep	19-Sep	20-Sep
Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk

23-Sep	24-Sep	25-Sep	26-Sep	27-Sep
Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk	Choice of Individual Cereal & Milk, Whole Grain Muffins, Bagel with cream cheese, Whole Fruit, Cereal Bars Orange Juice & Milk