

DC Catering, Inc.



September 2019

St. Vivian	Monthly Meal Planner				
REVISED:	Monthly Meal Planner				
8-16-2019	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	2	3	4	5	6
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c Veg 3/4 - 1 c Grains 1 - 2 oz eq Milk 1 c. (8 oz)	Closed Happy Labor Day!	Hot Dog Apple Baked Beans WG Hot Dog Bun Milk	WG Breaded Chicken Patty Mixed Fruit Carrots WG Hamburger Bun Milk	Cheesy Bread w/ marinara sauce Banana Dark Greens WG Breadstick Crust Milk	BBQ Chicken w/ cheese Melon Coleslaw WG Hamburger Bun Milk
Week 2	9	10	11	12	13
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c Veg 3/4 - 1 c Grains 1 - 2 oz eq Milk 1 c. (8 oz)	WG Corn Dog Apple Cooked Beans WG Cornmeal Breadding Milk	Breakfast Sausage Orange Rosemary Potato Bites WG Pancakes Milk	WG Mac-N-Cheese Pears Dark Greens WG Bread Milk	Chicken Fajita w/ cheese Banana Corn WG Tortilla Milk	WG Beef Pepperoni Calzone Peaches Cucumber Slices WG Calzone Crust Milk
Week 3	16	17	18	19	20
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c Veg 3/4 - 1 c Grains 1 - 2 oz eq Milk 1 c. (8 oz)	Cheeseburger Apple Potatoes WG Hamburger Bun Milk	WG Popcorn Chicken Orange Cooked Beans WG Grahams Milk	WG Turkey Sausage Pancake Wrap Berries Sweet Potatoes WG Pancake Breadding Milk	Taco w/ cheese Banana Dark Greens WG Tortillas Milk	Oven Roasted Chicken Melon Green Beans Roll Milk
Week 4	23	24	25	26	27
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c Veg 3/4 - 1 c Grains 1 - 2 oz eq Milk 1 c. (8 oz)	Chili Cheese Coney Apple Carrots WG Hot Dog Bun Milk	Chicken Nuggets Orange Dark Green Salad WG Mini Cornbread Loaf Milk	Classic Meatloaf Grapes Mashed Potatoes WG Roll Milk	Chicken Philly Sandwich w/ cheese Banana Pepper Blend WG Hot Dog Milk	Cheese Quesadilla Peaches Cooked Beans WG Pre-Wrapped Tortilla Milk
Week 5	30				
M/MA 1 - 2 oz eq Fruit 1/2 - 1 c Veg 3/4 - 1 c Grains 1 - 2 oz eq Milk 1 c. (8 oz)	Meatball Hoagie w/ cheese Apple Green Beans WG Hot Dog Bun Milk				
		www.daycarecateringservice.com		"This institution is an equal opportunity provider."	