

Sabres' Scoop

HAPPY FOUR DAY WEEKEND!

We hope you enjoy reading this issue of Sabres' Scoop. Have a wonderful, relaxing four-day weekend. Enjoy the fall weather and see you on Tuesday, October 13th!



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UPCOMING EVENTS

- October 9: No School (In-service for teachers)
- October 12: No School (Columbus Day)
- October 21: Grade 3, Afternoon of Service
- October 26: End of 1st Quarter



PRINCIPAL'S PERSPECTIVE

Dear St. Vivian Parents,

I am beginning to make gradual changes to the handbook. Ordinarily, these kind of changes are made over the summer and ready for the following school year, but with the pandemic and this being my first year at St. Vivian, it was impossible to do so.

We have begun by correcting errors and removing irrelevant information. There is more work to do, but these are the changes made so far:

- Bullying policy, p. 29
- Conduct Code, p. 33
- Service requirements, p. 38

We will be adding a day to Spring Break on March 31st so that our teachers can participate in an in-service. The revised calendar will be on the website next week.

Enjoy the four-day weekend with your families!

God bless,

Michael Collins

Principal

Please log into Option C to update your family information (email, phone, address, emergency contacts, etc.)

REMOTE STUDENTS

Remote students, if you would like to order lunch, here are your options:

- 1) Hot Lunch: Must place your lunch order with the office by 9:30am that morning. Lunches can be picked up in the office between 10:50am -11:50am.
- 2) Alternate Lunch and Breakfast (Sandwich, Wrap or Bagel): These items can be made ahead and stored in the refrigerator. Therefore, these may be picked up for a whole week at a time i.e. Five meals may be picked up Monday. Lunches may be picked up in the office after 10:30am.

LUNCH MENU WEEK OF OCTOBER 13 -16

12-Oct	13-Oct	14-Oct	15-Oct	16-Oct
	French toast sticks	Chicken Nuggets	Three Way <small>*Students will be given the option of service times</small>	Pizza
No School	4 French toast 2 turkey sausage links mandarin oranges	Chicken Nuggets mac & cheese pineapple tidbits	pasta, chili and cheese green beans choice of fruit	WG Cheese Pizza Carrots and Broccoli Applesauce

Everyday Entrée available served with daily side and fruit option				
	bagel with cream cheese	Turkey & cheese wrap	Peanut Butter & Jelly Sandwich	Chicken Noodle Soup

ON-SITE STUDENTS

- 1) If your child would like to order hot lunch, they will inform their homeroom teacher in the morning. Every homeroom teacher records attendance and hot lunch count simultaneously before the first period.
- 2) If a child would like an extra entree, they may only order an extra of their first option i.e. a child who orders a turkey wrap can get a second turkey wrap, but may not choose the wrap and a peanut butter and jelly, etc.
- 3) If you arrive between 7-7:25am, your child may receive free breakfast by simply asking the teacher on duty.

NURSE'S NOOK

Parents/Guardians,

Please log into Option C and update all of your contact information. We have several parents that still have not done so, and it is very difficult for the school nurse to reach you when a child is ill or injured.

Also, if your child suffers from headaches, menstrual cramps or any other occasional pain, we are not able to administer pain reliever to your child without an order from your child's doctor as well as a St. Vivian Administration of Medication consent form. This form can be accessed on our website: <http://mystvivian.org/wp-content/uploads/2015/07/Medication.pdf>

STEPS NEEDED IN ORDER TO ADMINISTER OCCASIONAL OVER THE COUNTER/ PRESCRIPTION MEDICATIONS TO YOUR CHILD DURING THE SCHOOL DAY:

- 1) Make an appointment with your family doctor and bring the Administration of Medication form to your Doctor to fill out and sign.
- 2) Make sure your signature and your Doctor's signature are on all forms (Administration of Medication Form and Doctor's Order.)
- 3) Purchase needed medication. Parents/Guardians MUST bring the medication to the office (it cannot come to school with the child). All medications should be in the original packaging and the child's name written on it. You will sign in the medication with the office staff or nurse. You will be contacted at the end of the school year to come and sign out/pick up any remaining medication.

Padres / Tutores,

Inicie sesión en la Opción C y actualice toda su información de contacto. Tenemos varios padres que todavía no lo han hecho, y es muy difícil para la enfermera de la escuela comunicarse con usted cuando un niño está enfermo o lesionado. Además, si su hijo sufre de dolores de cabeza, cólicos menstruales o cualquier otro dolor ocasional, no podemos administrarle analgésicos a su hijo sin una orden del médico de su hijo, así como un formulario de consentimiento de Administración de Medicamentos de St. Vivian. Se puede acceder a este formulario en nuestro sitio web: <http://mystvivian.org/wp-content/uploads/2015/07/Medication.pdf>

PASOS NECESARIOS PARA ADMINISTRAR MEDICAMENTOS OCASIONALES SIN RECETA / CON RECETA A SU HIJO DURANTE EL DÍA ESCOLAR:

Haga una cita con su médico de cabecera y lleve el formulario de administración de medicamentos a su médico para que lo complete y firme.

Asegúrese de que su firma y la firma de su médico estén en todos los formularios (formulario de administración de medicamentos y orden del médico).

Compre los medicamentos necesarios. Los padres / tutores DEBEN traer el medicamento a la oficina (no puede venir a la escuela con el niño). Todos los medicamentos deben estar en el empaque original y el nombre del niño escrito en él. Firmará el medicamento con el personal de la oficina o la enfermera. Nos comunicaremos con usted al final del año escolar para que venga y firme la salida / recoja cualquier medicamento restante.

PLEASE

Make sure to turn in immunization forms and/or physicals if you have been contacted by the nurse.

Information may be sent to:

Jennifer.hesselbrock@stvivian.org

POR FAVOR

Asegúrese de entregar los formularios de vacunación y / o los exámenes físicos si lo han contactado.

La información puede enviarse a:

Jennifer.hesselbrock@stvivian.org



FAMILY FOCUS

For those of you who volunteer, you are already aware of the following article (copied from the last VIRTUS bulletin). We have included this information in this newsletter as we feel it is important for all our families and student body to read. If you really like the information presented, consider taking a VIRTUS training and you will receive monthly bulletins as well.

INCREASED ONLINE EXPLOITATION OF CHILDREN EXPECTED DURING CRISES

By [Sharon Doty, J.D., M.H.R.](#)

Ongoing crises that happen in our world tend to not only have direct effects of the individual crisis itself, but there can be other varied types of indirect, long-lasting effects, too. For example, the ongoing COVID-19 crisis continues to spur additional consequences that are incredibly challenging for the protection of children. A particularly alarming one was recently raised from *WePROTECT Global Alliance*.¹ *WePROTECT* is an international organization consisting of major companies (such as Apple, Microsoft and Facebook), civic organizations including Save the Children and the National Center for Missing and Exploited Children, as well as over 95 countries (including the United States). The central mission of *WePROTECT* is to end child sexual exploitation online.

WePROTECT identifies specific factors resulting from the effects of the global pandemic that have already caused a substantial increase in online child sexual exploitation. For example, the National Center for Missing and Exploited Children has seen a 106% increase in reports of suspected online child sexual exploitation since March of 2019. Another organization in the UK that monitors online chat rooms used by abusers reports that offenders are sharing new ideas on how to exploit children during the pandemic lockdowns.²

We know from experience that criminals are quick to adjust the way they operate to new circumstances. The new, unusual circumstances resulting from the COVID-19 pandemic are no different. These new modes of soliciting children have resulted in a surge in attempts by offenders to contact children through social media. There has also been a significant increase in the downloading and file sharing of child sexual abuse material of all kinds. As a result, the number of public complaints through hotlines to law enforcement have also been increasing in some areas.³

The pandemic has resulted in everyone, including children, spending more time online. In addition, the need for livestreaming classes and other services has dramatically expanded our familiarity with "real time" video communication. As a result of these changes and the current uncertainty in general, many children may be extremely stressed, which can increase their vulnerability to child abusers who are taking advantage of the current situation.

Unsupervised Internet activity can increase children's risk of being exposed to online sexual exploitation. As caring adults, families, and communities who care about the welfare of children, we must remain on high alert and increase our own diligence in monitoring the online activities of children and modeling appropriate behavior. That may be difficult to do as some parents are still working from home and there may not be many programs or activities available for their children outside the home. Implementing basic safety standards, such as using monitoring software and having frequent conversations with children regarding technology safety can help keep children safe when they are online. Caring adults involved in the lives of children may also contribute to reducing others' household stress by checking in frequently and identifying where burdens can be lightened.

Offenders are also affected by the pandemic's impact. While it is certainly no

PARENT RESOURCE FOR PARENTING IN THE SCREEN AGE

Does every conversation with your child or teen about screen time blow up into a fight? Or maybe you avoid bringing up the topic but silently harbor worry and frustration. How can you better understand what you're up against — and most importantly, ensure the healthiest screen time possible?

In *Parenting in the Screen Age*, award-winning filmmaker, and mental health advocate Dr. Delaney Ruston distills more than a decade of communications research into a definitive guide for today's parents. Packed with evidence-based insights on screen time from researchers, input from kids and teens, and solutions drawn from Dr. Ruston's own messy parenting struggles, this guide shows you

FAMILY FOCUS CONT'D

excuse, their stress levels are raised as well, which can lead to them seeking and performing more illegal activities online. Offenders often do not have any other outside social support systems, and this factor alone results in a higher risk for children.⁴ This means several factors have coalesced to create unusually high risk—increased stress and therefore vulnerability in children, higher stress on offenders, as well as increased stress on parents who have more to do, yet less time and assistance in order to accomplish everything. These conditions allow for the possibility of an unfortunate increase for online child sexual exploitation.

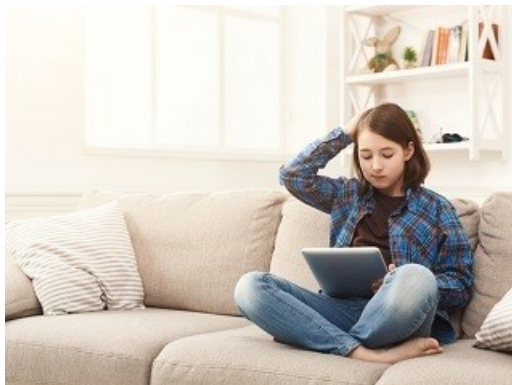
VIRTUS has always championed taking measures to ensure that children are safer in person, and online. In addition, *WePROTECT* has echoed these steps, and provided additional ones,⁵ in order to provide the best possible opportunity to protect children during this time. For example:

- Talk with your children about the risks of online activity
- Stay involved in their digital world—know where they are going online and oversee these sites and apps
- Know who they are connecting with online—people are not always who they seem
- Use all the privacy and security settings available
- Block and report⁶ anyone that makes the youth, or you, uncomfortable (you should report any exploitative online material to <https://report.cybertip.org/>). You can also report directly in the app or website for elements that are against the policy.

Raising the bar on diligence can be difficult at a time when we are inclined to loosen up due to stress and limited options. However, research and data tell us that the increased online risk to our children is not likely to disappear as things return to some semblance of "normal." It is up to us, as caring adults and protectors of children, to remain vigilant, to follow steps designed to provide safety, and to each do our part in protecting children and youth in all environments.

References:

1. *WePROTECT Global Alliance Intelligence Brief: IMPACT OF COVID-19 ON ONLINE CHILD SEXUAL EXPLOITATION*, April 13, 2020. <https://static1.squarespace.com/static/5630f48de4b00a75476ecf0a/1/5ebc58d038eb072b909874ca/1589401809129/Impact+of+COVID-19+on+Online+Child+Sexual+Exploitation.pdf>
2. Ibid at 2.
3. Ibid at 2-3.
4. Ibid at 5.
5. <https://www.end-violence.org/safeonlinecovid>
6. National Center for Missing and Exploited Children. Tipline for online reports or incidents of exploitation. Hyperlink address is: <https://report.cybertip.org/>



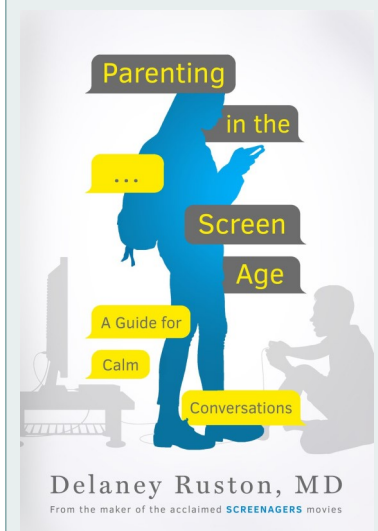
how to start -and sustain-productive family talks about technology. You'll learn how to:

- Bring up screen time without making your child or teen defensive
- Talk through difficult issues like online social cruelty, sexting, and mental health
- Engage your child in creating boundaries around Netflix, video gaming, and social media
- Have screen time limits that actually work--with less of the sneaking or arguing

During the COVID pandemic or after, this book will help you lead your child to become more tech-wise and life balanced — empowering them to build a healthier relationship with our digital world, now and into their future.

The book is \$19.95 and can be ordered here:

<https://www.screenagersmovie.com>





*PTA Meeting:
Thurs. 10/15,
7:00pm*

*We have a NEW
PTA Facebook page!
Please make sure to
subscribe:*

*[https://
www.facebook.com
/St-Vivian-PTA-
115573266944705](https://www.facebook.com/St-Vivian-PTA-115573266944705)*



PTA

Don't forget, **SchoolStore.com** is a year-long campaign to help support St. Vivian. You do not need to sell anything, collect any money or distribute any product. You can help St. Vivian by doing your normal, on-line shopping. Click the link below to browse the hundreds of participating merchants. When you shop their site through the link below, St. Vivian will receive a percentage of your purchase. You're shopping online anyway, why not make it count for a good cause?

<https://www.schoolstore.com/cgi/SSCMerchants?orderid=30058835020201008>

What's coming up:

PTA Meeting: Thursday, October 15th; 7pm via Zoom; meeting details will be sent as we get closer.

Spiritwear:

PTA has black gym shirts for sale! Send \$5 to school with the size you need, and the office will get it to your student asap. If your child's grade doesn't require a gym uniform, these shirts can be worn on Spirit Days! We have Youth XS-XL and Adult S-XL.

- School Belles uniform shop. Go to schoolbelles.com => enter school code S1992 => click on Spirit Wear
- A to Z Wear. Show everyone you are your child's #1 fan by getting a volleyball or basketball printed shirt with the St. Vivian logo! Click [here](#) to shop.

If you have any questions about PTA, please don't hesitate to email stvpta@gmail.com

No se olvide, **SchoolStore.com** es una campaña de un año para ayudar a apoyar a St. Vivian. No necesita vender nada, recolectar dinero ni distribuir ningún producto. Puede ayudar a St. Vivian haciendo sus compras habituales en línea. Haga clic en el enlace a continuación para explorar los cientos de comerciantes participantes. Cuando compre en su sitio a través del enlace a continuación, St. Vivian recibirá un porcentaje de su compra. De todos modos, está comprando en línea, ¿por qué no hacer que valga la pena?

<https://www.schoolstore.com/cgi/SSCMerchants?orderid=30058835020201008>

Lo que viene:

Reunión de la PTA: jueves 15 de octubre; 19:00 a través de Zoom; Los detalles de la reunión se enviarán a medida que nos acerquemos.

Ropa de espíritu:

- ¡La PTA tiene camisetas negras de gimnasia a la venta! Envíe \$5 a la escuela, con el tamaño que necesita, y la oficina se lo entregará a su estudiante lo antes posible. Si el grado de su hijo no requiere un uniforme de gimnasia, estas camisetas se pueden usar en los Días de Espíritu! Tenemos tallas Youth XS-XL y Adult S-XL.

- Puedes pedir un jersey en la tienda de uniformes School Belles. Vaya a school-belles.com => ingrese el código de la escuela S1992 => haga clic en Spirit Wear

- Puede encontrar otros artículos en A to Z Wear. ¡Demuestre a todos que es el fan número uno de su hijo obteniendo una camiseta estampada de voleibol o baloncesto con el logotipo de St. Vivian! Haga clic [aquí](#) para comprar.

Si tiene alguna pregunta sobre la PTA, no dude en enviar un correo electrónico a stvpta@gmail.com

Have a blessed weekend/ Que tengas un bendito fin de semana!

PTA CONT'D



St. Vivian Fundraiser Sales Update

When: October 1st – October 23rd

What: Each student was sent home:

- 1 box World's Finest Chocolate (Variety)
- 1 box Sour Neon Gummy Worms/Watermelons (SQWORMS)
- Midwest Fundraiser Packet explaining how prizes can be won for selling

Candy bars \$1 each and SQWORMS \$2.00 each

Many students have stopped by the office and asked for more boxes to sell – THANK YOU!!!!

- We have sent out an additional **67 boxes** for World's Finest Chocolate AND **17 boxes** of SQWORMS!!
- Online ordering has raised \$298.00!!!!
- If you need another box to sell, please stop by and see Mrs. Derrick

Please DO NOT return any unopen or partially opened boxes of candy until Friday, October 23rd.

Thank you!!

PTA VOLUNTEER OPPORTUNITIES

Morning Drop-off parking lot attendant:

- Arrive by 7:10am to set up orange cones and drop-off spot numbers.
- Monitor traffic flow to help keep our children safe.
- Collect cones at 7:40.
- Commitment: 7:10a-7:40a, Same day each week (ex: every Monday)
- Contact Beth Sander at sanderfam2004@gmail.com

Recess Duty:

- Help teachers and staff monitor school playground, or classrooms if recess is inside due to weather
- Commitment: 10:10a-12p, you choose the frequency
- Sign up here: <https://www.signupgenius.com/go/20FoA44A8AF2CA1FF2-march>
- Contact: Allison Myers at allisonmm4@gmail.com
- Must be Virtus trained

Cafeteria Duty:

- Help students open lunch packages, provide napkins & straws
- Take trash can around to students so they clear their area
- Help wipe down tables in-between lunches and after the last group
- Commitment: 10:45a-12:15p, same day each month (ex. 2nd Tuesday)
- Contact Maureen Richard at bmrichard.97@fuse.net
- Must be Virtus trained

After School Cones:

- Perfect opportunity if your child is a car rider!
- Very easy, at 2:40pm, pick up orange cones and take into the breezeway
- Contact Beth Sander at sanderfam2004@gmail.com

BOOSTERS UPCOMING EVENTS

- 10/9: Basketball Sign Up grades 3-8 CLOSES
- 10/13: Booster Meeting, 7pm location TBD

BOOSTERS

GIRLS AND BOYS BASKETBALL SIGN UPS ARE STILL OPEN!

Basketball is for girls and boys in grades 3rd to 8th for the 2020-2021 school year. The season starts in November with practices twice a week, games start in December or January. Up to two games per weekend. Season ending tournament in February or March, depending on grade. \$70 per student athlete. Team splits, if needed, will occur closer to the season start.

Please note that in order to participate in basketball for the 2020-2021 season, students must be in the building for school. Remote students are not able to participate in basketball. Students wanting to play basketball must be in school when the 2nd quarter begins on October 27th, in order to participate in basketball for the 2020-2021 season.

Register online by going to mystvivan.org and clicking the link to our league lineup website.

Questions? Contact our Basketball commissioners: Jim Vondrell (girls) and Keith Weigand (boys) at stvivianboosters@gmail.com

Deadline for sign up is Friday October 9th - no late sign ups!

¡LAS INSCRIPCIONES DE BALONCESTO DE NIÑOS Y NIÑAS YA ESTÁN ABIERTAS!

El baloncesto es para niñas y niños en los grados tercero a octavo para el año escolar 2020-2021. La temporada comienza en noviembre con prácticas dos veces por semana, los juegos comienzan en diciembre o enero. Hasta dos juegos por fin de semana. Torneo que finaliza la temporada en febrero o marzo, según el grado. \$ 70 por estudiante atleta. Las divisiones de equipos, si es necesario, ocurrirán más cerca del inicio de la temporada.

* Tenga en cuenta que para participar en baloncesto para la temporada 2020-2021, los estudiantes deben estar en el edificio de la escuela. Los estudiantes remotos no pueden participar en baloncesto. Los estudiantes que quieran jugar baloncesto deben estar en la escuela cuando comience el segundo trimestre el 27 de octubre, para poder participar en baloncesto para la temporada 2020-2021. *

Regístrese en línea yendo a mystvivan.org y haciendo clic en el enlace a nuestro sitio web de alineación de la liga

Preguntas? Comuníquese con nuestros comisionados de baloncesto: Jim Vondrell (niñas) y Keith Weigand (niños) at stvivianboosters@gmail.com

La fecha límite para inscribirse es el viernes 9 de octubre, no se permiten inscripciones tardías!

Like us on Facebook to keep up with game schedules, etc.!

<https://www.facebook.com/stvivianboosters>

Three ways to show love

In the crush of daily life, kindness and love may take a back seat to efficiency and diligence. Yet, making a point to communicate love each day can reassure children that no matter what changes around them, a parent's love is reliable.

Be empathetic. Try looking at life from a child's view. For example, children sense that the adults in their lives may be concerned but don't know why. They may not have the ability to place the situation in perspective. They see "concern" but think "fear."



Put family first. In uncertain times, our priority has to be taking care of our families. It is unlikely that in the future we will look back at our lives and wish we worked more. Yet, we may wish we had spent more time with our family. Take time to cherish each moment with children. They are only young once.

Bite your tongue. You can't take back a critical or negative remark. Instead, find something positive to say or say nothing at all.

Scripture LESSON

Matthew 22:34-40. Can't argue with love.

There are more than 613 commands in the Jewish law. The lawyer sent to debate Jesus was toying with him when he asked for Jesus' opinion about which law was the most important. Jews had been debating that question for generations without coming to agreement on the answer. Encouraged by the Pharisees, the lawyer asked in the hope of getting Jesus to say something against Jewish law so he could be discredited and perhaps arrested.

Jesus silenced them all by saying that everything starts and ends with love—love of God and love of each other. Even the

Pharisees couldn't argue with that.

The Ten Commandments can be divided into two categories: those dealing with love for God (the first four) and those

dealing with responsibilities toward other people (the last six). In the end, it all comes down to love.

What can a parent do? Talk with your children about how easy it is to love people who are nice to us but loving everyone, even if they're not nice, is what God really wants us to do.



Parent TALK

My twelve year old has been feeling unsettled in the pandemic. Nothing is "normal" for her - not school, not friendships, not home life, and she has started acting out. Every



reaction I make in response - laughing, smiling, gasping, reprimanding, yelling - reinforces her negative behavior in some way. It's exhausting.

When schools and workplaces got shut down last spring, our prayer routine was disrupted as well. It was months before we even got to go back to Mass to receive the Eucharist. Tessa was showing the tension we all felt. I wanted to remind her - and us - that we are all in God's care. So, we decided to gather for morning prayer before breakfast, Angelus at noon, Chaplet of Divine Mercy at 3:00pm, and a Rosary decade at bedtime. The regular connection with God, and the peace that comes with prayer, has given us all comfort in a very strange time.

Feasts & Celebrations

In October, we celebrate the Rosary, the devotion that helps us meditate on the mysteries of our salvation - Jesus' birth, life, death, and resurrection.

October 1 - St. Therese of the Child Jesus (1897). At the age of 15, Therese Martin became a Carmelite nun in Lisieux, France and served others with "quiet acts of love." Her autobiography, *The Story of a Soul*, is an easy read for older children.

October 7 - Our Lady of the Rosary (1571). Pope Pius V created this feast in thanksgiving to Our Lady

of Victory who helped the Christians defeat the Ottoman Turks. Since it was believed that they won after praying the Rosary, the feast was renamed Our Lady of the Rosary by Pope Gregory XIII.

October 15 - St. Teresa of Avila (1583). Founder of a strict religious order whose nuns wore rough brown habits and sandals instead of shoes. St. Teresa founded more than 17 convents of Discalced Carmelites and helped reform the Carmelite friars.



Our Mission

To help parents raise faithful Catholic children
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CAN'T VOLUNTEER?

You can still show support:

- Shop smile.amazon.com
- Link your Kroger Plus card to St. Vivian
- Box Tops app; scan your receipts
- SchoolStore.com
- Dine to Donate

If you have any questions, please email the PTA at stvppta@gmail.com

