

November 2022

St. Vivian School \$3.50 per meal with beverage \$2.00 extra entrée

USDA Daily Requirements K thru 8
Protein 1.5 oz. per, Fruits 4oz, Vegetables 6oz, Whole Grains 1 serving

31-Oct	1-Nov	2-Nov	3-Nov	4-Nov
Pretzel Bites	Pancakes	Boneless Chicken Bites	Pasta Bake	Pizza
Soft pretzel with Cheese green beans fruit cup	Pancakes w/ syrup Hashbrowns 2 sausage links fruit cup	Breaded Boneless Chicken mac & cheese fruit cup	Penne Pasta, tomato sauce and cheese casserole, with garlic bread fruit cup	WG Cheese Pizza Carrots and Broccoli fruit cup

7-Nov	8-Nov	9-Nov	10-Nov	11-Nov
Turkey Corn Dog	Belgian Waffles	Boneless Chicken Bites	Chili Mac	No School
Turkey Corn Dog smile fries fruit cup	Belgian Waffles w/ syrup 2 sausage links fruit cup	Breaded Boneless Chicken green beans fruit cup	Cincy style Chili Mac Noodles Beans, Cheese & crackers fruit cup	WG Cheese Pizza Carrots and Broccoli fruit cup

14-Nov	15-Nov	16-Nov	17-Nov	18-Nov
Hot dogs	French toast sticks	Boneless Chicken Bites	cheeseburger	Pizza
Hot Dogs Baked Beans Applesauce	French toast Sticks/ Syrup Sausage Links fruit cup	Breaded Boneless Chicken mac & cheese pineapple tidbits	cheeseburger Smile Fries fruit cup	Cheese Pizza Carrots and Broccoli Applesauce

21-Nov	22-Nov	23-Nov	24-Nov	25-Nov
Chicken Patty	Pancakes	No School	No School	No School
chicken patty on a bun Smile Fries choice of fruit	3 pancakes w/ syrup Gogurt Stick Manderian Oranges	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break

28-Nov	29-Nov	30-Nov	1-Dec	2-Dec
Pretzel Bites	Belgian Waffles	chicken fingers	Spaghetti & Meatballs	Pizza
Soft pretzel with Cheese Green Beans Choice of Fruit	Belgian Waffles w/ syrup 2 sausage links Manderian Oranges	Breaded Boneless Chicken mac & cheese pineapple tidbits	WG spaghetti, marinara sauce, meatballs garlic bread fruit cup	Cheese Pizza Carrots and Broccoli Applesauce

Everyday Entrée available served with daily side and fruit option				
Turkey & cheese wrap	bagel with cream cheese	Chicken Noodle Soup	Peanut Butter & Jelly Sandwich	